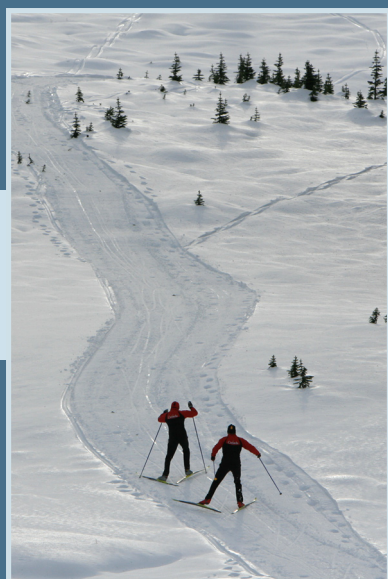




Secret Valley Altitude Training Site

near Golden, British Columbia



An Opportunity for National and Development Teams
with



Dear Team Manager:

Golden Alpine Holidays (GAH) owns and operates 4 alpine lodges near Golden BC. Our premier facility, Sentry Mountain Lodge is the site of a unique alpine altitude training center offering a very long training season on 100% REAL SNOW. We are located less than 3 hours drive west of Calgary International Airport and 7 hours drive east of Whistler, the site of the 2010 Winter Olympics. This past October, elite members of the Canadian National Cross Country Team were our first guests to train at Secret Valley. By doing so, they were also the first team of the 2007/08 season to be training on natural snow.

With an 8 to 9 month season, we offer teams on-snow training as early as September until June each year. Secret Valley is located at a perfect altitude of 1900-2200M. One of the inherent safety features is that the terrain is glacier free meaning that no glacier travel exists within the region. Athletes simply ski out the back door of Sentry Mountain Lodge in order to access the training areas. Our dependable snow conditions are due to our location within the famous Selkirk Mountains of British Columbia. Secret

Valley has enough room to offer over 10 kilometres of track-set and groomed trails. Grooming services are included which means we can customize the course outline to suit the special needs of any team.

Guests enjoy all the amenities of home while staying at Sentry Mountain Lodge including internet services, indoor toilets including showers, running water, down duvets, outdoor sauna, electricity and a full service kitchen. Getting to our training site is easy. Short helicopter flights from our staging facility are located adjacent to the Trans Canada highway just west of Golden, BC.

This spring, GAH has a special offer for qualified National and National development teams. If you have any questions, please let us know and we would be pleased to help you in any way we can.

Sincerely yours,

John Bell, Owner
Golden Alpine Holidays Inc.

Secret Valley Nordic Training Site



Secret Valley in Summer

"There's something really special here because it's unique to have this kind of snow in October." -
Thomas Holland, Director of High Performance Cross Country Canada

- 10+km of groomed trails for skate and classic
- Season extending from September to June
- Average elevation: 2250 m (7,380 ft)
- Annual winter snowfall: 8+ meters
- Groomer and wax technician on site



Sentry Mountain Lodge

- Access via helicopter
- Full service kitchen
- Sleeps 10
- Down duvets
- Running water
- Finnish sauna
- Electricity
- Indoor toilets
- Wireless internet



To watch a video of our product please go to:
<http://www.goldenalpineholidays.com/video/nordicvid.html>



Pricing

Book Now for:

Spring Kick Start Package May to June 2008

5 day lodge rental package; \$599/person
5 day lodge catered package: \$1299/person

Early Fall Snow Package October to December 2008

5 day lodge rental package: \$799/person
5 day lodge catered package: \$1399/person

All packages includes Helicopter flights, accommodation at Sentry Mountain Lodge and a Lodge custodian/groomer. Prices do not include taxes.



Concierge service is available for all your pre and post trip planning needs. Please call to inquire.

Call for details: 250-344-7273 or email your questions to: info@gah.ca
www.goldenalpineholidays.com/nordic

